When should I use the COVID-19 test kit?

• If you have symptoms of COVID-19
  o New cough
  o Shortness of breath
  o Fever (100.4 or higher)
  o Sore Throat
  o New nasal congestion, runny nose
  o Loss of taste or smell
  o Vomiting or diarrhea
  o Severe headache
• If you have been in close contact with someone who has COVID-19. For accurate results, wait 5 days before testing (or test sooner if symptoms develop).

When should I NOT use the COVID-19 test kit?

• If you have had a positive COVID-19 test in the last 90 days and do not have NEW symptoms, you do not need to test
• A negative result does not allow quarantine to be shortened

What should I do if I get a positive test result?

• Notify the school nurse by email gtrue@bcps.org, by phone 443-809-3831 or online through the link posted on the CHS website under Resources.

• Isolate within your home for 10 days from the positive test result or 10 days from the start of symptoms
• Try to stay in one room of the home, away from others. Wear a mask if you need to leave that room. Have others wear a mask around you
• Clean common household surfaces frequently
• Seek emergency medical attention if you experience shortness of breath, confusion, blue lips, or chest pain

Test Procedure Overview **Read full package insert before testing**